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## VARISHTA VAANI

**NEWSLETTER OF MANGALORE SENIOR CITIZENS' ASSOCIATION (R)**  
Ground Floor, City Corporation Building, Lalbhag, Mangaluru - 575 003

Volume : XII Issue : 4

*Let Noble Thoughts come to Us from all sides - Rigveda*

November 2025

### Office Bearers

**Sri Peter Oswald Rodrigues**  
President, 9739546317

**Sri K. Jairaj B. Rai**  
Imm. Past President,  
9448163708

**Smt. Theresa A.V.**  
Vice President(1) 9686916642

**Sri B. Devadas**  
Vice President(2) 9886591093

**Sri K. N. Shashidhara**  
Secretary, 9448215122

**Sri Shivananda Moily**  
Joint Secretary, 8277406769

**Sri G. Ganesh Kamath**  
Treasurer, 9481920992

### Editorial Committee :

**Sri H. Anantha Bhat : Editor**

**Sri Peter Oswald Rodrigues**

**Sri K. Ramesh Rao**

**Smt. A. V. Theresa**

**Sri K. N. Shashidhar**

**Sri Shivananda Moily**

### Your Attention Please:

**Monthly meeting:**

**"Talents Day"**

**by members.**

**Venue: Karnataka Bank  
Auditorium,**

**Kodialbail, Mangaluru.**

**On Saturday,**

**22nd, November, 2025**

**Time: 4.00 p.m.**

### The 19<sup>th</sup> AGB of MASCA

The 19th AGB of MASCA was held on 07-09-2025 at Karnataka Bank Auditorium, Kodialbail, Mangaluru. The meeting commenced at 10.00 a.m. sharp with President Sri K Jairaj B Rai calling the meeting to order. Smt. Satyavathi Shetty rendered prayer. One minute silence was observed for the departed souls of 25 members reported last year. The minutes of the 18th AGB along with Activities Report for the year 2024-25 was read out by the Secretary Sri K N Shashidhara. Treasurer, Sri G. Ganesh Kamath presented the Statement of Accounts along with Audit Report which was approved by the members after certain clarifications. The Election process was presented by Returning Officer Sri Jayarama Padakannaya who read out the names of 15 members who were elected unopposed for the period 2025-27. The President in his remarks narrated the progress made by the Association in recent years and thanked all the members for their cooperation during his tenure as President.

Immediately after the AGB, honoring session of octogenarians was conducted in which the popular orthopedic surgeon Dr. Shantharam Shetty and Dr. Prabha Adhikari, well known geriatric care specialist addressed the gathering. They honored nine super seniors with a rose, shawl and memento. Nine super seniors were present out of 30 who were invited. Sri D. R Kavoor & Dr. William Robert D' Silva spoke on behalf of Octogenarians. The meeting concluded with Vote of thanks by Sri Shivananda Moily, Joint Secretary and the meeting was followed by lunch.



M/s. D.R.Kavoor, M. Gopalakrishna Shenoy, Harischandra Shetty, N.A. Lakshminarayana Rao, Dr. William Robert D' Silva, G. Umesh Shenoy, Smt.B. Shobhamani, Smt. Anasooya K. and P. Nemiraj Ballal.

Hearty Congratulations to our member, Sri Cherkady Sachidananda Shetty who was conferred with "D.K. District Kannada Rajyotsava Prashasti" on 1st November, 2025 by the District Administration for his outstanding contribution in the field of Literature and Education. "Varishta Vaani" wishes him many more laurels.



***The newly elected Committee Members met immediately after AGM to elect the new Office bearers for two years period 2025-2027. Outgoing President, Sri K. Jairaj B. Rai presided over the meeting. The following were elected unanimously.***

President:	<b>Sri Peter Oswald Rodrigues</b>	Immediate Past President :	<b>Sri K.Jairaj B. Rai</b>
Vice Presidents:	<b>(1) Smt. Theresa A.V. &amp; (2) Sri B. Devadas</b>	Treasurer:	<b>Sri G .Ganesh Kamath</b>
Secretary:	<b>Sri K. N. Shashidhara</b>	Joint Secretary:	<b>Sri P. Shivananda Moily</b>
Members:	<b>M/s. T. G. Shenoy, H. Ananth Bhat, M. S. Vasanth Kumar, Vaman Bhandarkar, Smt. Satyavathi Shetty, Maria Jacob, Jaya S. Rao, Sunanda Shivaram and K. P. Sudha.</b>		

***The election of office bearers of AISCCON for the three years period 2025-2028 was held from 01.09.25 to 05.09.25 through remote voting. The following were elected.***

President: **Sri M. K. Raina,** General Secretary: **Sri P. Ramachandriah**

The second batch of Super Seniors were honored in the monthly meeting held on 25th October, 2025 held at Karnataka Bank Auditorium. Chief Guest Dr. Shodhan Aithal, President Sri Peter Oswald Rodrigues and Imm. Past President Sri K. Jairaj B. Rai, honored five super seniors with a rose, shawl and memento. All the honored members thanked for the good gesture of MASCA.



M/s. A. Anantharaya Kamath, Diwaker R. Shetty, Smt. Leelamma Sebastian and Smt. Sunitha V. Rao



Sri Cyril D'Souza

***Members Please Note : The members' spouse who has completed 60 years are requested to enroll them as members of MASCA and strengthen the organization.***

## Activities of MASCA

ತಾ. 11.08.2025 ರಂದು ಮಂಗಳೂರು ಹಿರಿಯ ನಾಗರಿಕರಿಗೆ karaoke ಸಂಗೀತದ ಅವಕಾಶ ಕಲ್ಪಿಸುವ ಸದುದ್ದೇಶದಿಂದ ಮಂಗಳೂರು ಹಿರಿಯ ನಾಗರಿಕರ ಸಂಘ ಮತ್ತು ವಾತ್ಸಲ್ಯ ಛಾಯಾ ಟ್ರಸ್ಟ್ ಸಹಭಾಗಿತ್ವದಲ್ಲಿ Masca Karoke Melody Clubನ ಉದ್ಘಾಟನೆ ಶ್ರೀ ಕೆ ಜೈರಾಜ್ ಬಿ. ರೈ ಅವರಿಂದ ನೆರವೇರಿತು. ಹಿರಿಯ ನಾಗರಿಕರಿಗೆ ಮಾನಸಿಕವಾಗಿ ನೆಮ್ಮದಿ ನೀಡುವಲ್ಲಿ ಸಂಗೀತ ಸಹಕಾರಿಯಾಗಿದೆ ಮತ್ತು ಆಧುನಿಕ ವೈದಕೀಯದಲ್ಲಿ ಸಂಗೀತದ ಚಿಕಿತ್ಸೆ ಕೂಡ ಹಲವು ಕಾಯಿಲೆಗಳನ್ನು ಗುಣಪಡಿಸುವ ಶಕ್ತಿ ಹೊಂದಿದೆ. ಸಂಘದ ಸದಸ್ಯರು ಇದರ ಪ್ರಯೋಜನ ಪಡೆಯಲು ಕರೆ ನೀಡಿದರು. ಕಾರ್ಯದರ್ಶಿ ಶ್ರೀ ಕೆ. ಎನ್. ಶಶಿಧರ ಪ್ರಸ್ತಾವನೆಗೈದರು. ವಾತ್ಸಲ್ಯ ಛಾಯಾ ಟ್ರಸ್ಟ್ ಸಂಚಾಲಕ, ಶ್ರೀ ಸೂರಜ್ ಕುಂಪಲ ಸ್ವಾಗತಿಸಿದರು. ಉಪಾಧ್ಯಕ್ಷರುಗಳಾದ ಶ್ರೀ ಪೀಟರ್ ರೋಡ್ರಿಗಸ್ ಮತ್ತು ಶ್ರೀಮತಿ ತೆರೆಸಾ ಎ ವಿ ಉಪಸ್ಥಿತರಿದ್ದರು. ಜೊತೆ ಕಾರ್ಯದರ್ಶಿ ಶ್ರೀ ಶಿವಾನಂದ ಮೊಯಿಲಿ ಸಹಕರಿಸಿದರು. ನಲುವತ್ತಕ್ಕೂ ಅಧಿಕ ಹಿರಿಯ ನಾಗರಿಕರು ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಭಾಗವಹಿಸಿದರು.

ತಾ. 17.08.25 ರಂದು ಮಂಗಳೂರು ಹಿರಿಯ ನಾಗರಿಕರ ಸಂಘದ ಆಶ್ರಯದಲ್ಲಿ ಸೇವಾಭಾರತಿ ಪ್ರತಿಷ್ಠಾನದ ಮೊಂಟಿ ಪದವುನ ದಿವ್ಯಾಂಗ ಮಕ್ಕಳ ವಸತಿ ಶಾಲೆಯಲ್ಲಿ ಹಿರಿಯ ನಾಗರಿಕ ಸಂಘದ ಅಧ್ಯಕ್ಷರಾದ ಶ್ರೀ ಕೆ ಜೈರಾಜ್ ಬಿ. ರೈಯವರು ಗಿಡ ನೆಡುವ ಮೂಲಕ ವನ ಮಹೋತ್ಸವ ನೆರವೇರಿಸಿದರು. ಸಂಘದ ಉಪಾಧ್ಯಕ್ಷರುಗಳಾದ ಶ್ರೀ ಪಿ. ಓ. ರೋಡ್ರಿಗಸ್ ಮತ್ತು ಶ್ರೀಮತಿ ತೆರೆಸಾ ಎ.ವಿ. ಅವರು ಭಾಗವಹಿಸಿದರು. ಸೇವಾಭಾರತಿಯ ಶ್ರೀ ನಾಗರಾಜ್ ಭಟ್ ಮತ್ತು ಶ್ರೀ ವಿನೋದ್ ಶೆಣೈ ತಮ್ಮ ಸಂಸ್ಥೆಯಲ್ಲಿ ವನಮಹೋತ್ಸವ ಕಾರ್ಯಕ್ರಮ ನಡೆದಿರುವುದು ತುಂಬಾ ಸಂತಸದ ವಿಷಯ ಎಂದು ಹೇಳಿದರು. ಮಾಧವ ಉಳ್ಳಾಲ್ ಸಸಿ ನೆಡುವಲ್ಲಿ ಸಹಕರಿಸಿದರು. ಕಾರ್ಯದರ್ಶಿ ಶ್ರೀ ಕೆ. ಎನ್. ಶಶಿಧರ ಕಾರ್ಯಕ್ರಮ ನಿರೂಪಿಸಿದರು.



Masca joined hands with PAGE during celebrations of World Alzheimers Month (September). Many of our members actively participated in various competitions winning good number of prizes. Our members also presented a skit during the valedictory function at Town Hall, Mangaluru on 25.09.2025 which was appreciated by all.

Our volunteers took active role in conducting Sports Meet for Elders in connection with Elders' Day 2025 arranged by Dt. Administration at Mangala Stadium on 15.09.2025. Many of our members participated in various events and won prizes also.

We associated with District Administration in celebrating 'World Elders Day' on 15th October, 2025 at Nethravathi Sabhangana, ZP campus. Good number of our members who participated in various competitions, received prizes. Four of our members, viz. Dr. C.V. Raghuveer, M/s. M.S.Kamath, Col. Sharath Bhandary and A. Anand Soans were felicitated in the said meeting

Two Days picnic was arranged on 13th & 14th of October to Stream Edge Resort in Sakleshpur. 41 members participated and enjoyed the trip.

## Members in the News:

### Patron Members

Dr. C. R. Ballal was felicitated at his residence by The Association of Surgeons of India, South Kanara City Branch on 5th September, 2025 on the occasion of Teachers Day celebrations.

Our Secretary Sri K.N. Shashidhara and Sri K. Ramesh Rao were Chief Guests during the inauguration ceremony of Sports meet for Elders in connection with Senior citizens day - 2025 held at Mangala Stadium on 15.09.2025 by the District administration.

Our President, Sri P.O. Rodrigues and Secretary, Sri K.N. Shashidhar were the Chief guests during the celebration of 'World Elders' Day' on 15th October, 2025 by the Dist. Administration

### Life Members

Smt. Latha was felicitated at her house on the occasion of 'Guru Poornima' on 10.07.2025 by Corporator Smt. Roopashree. Smt. Latha also hoisted the National Flag on 79th Independence day at Badlagudda Shanti Nagara Okoota, Padil.

Two Books ಬದುಕು ಬೆಳಗಿಸುವ ಕಥೆಗಳು" ಮತ್ತು "ಜಲ ಜಾಗೃತಿ: ಯಾಕೆ? ಹೇಗೆ?" written by our member Sri Addoor Krishna Rao was realeased on 02.08.2025 in a function held at Sharada Vidyalaya.

Dr. M. Prabhakar Joshi was honoured on 07.09.2025 during 'Guruvandana" function arranged by Hande Sri Vinayaka Shri Vishnumuurthy Temple.

Two Books titled "ಅಂಟಿಬಂದ ನೀಳಿಗೆ ಅಳಿಲಸೇವೆ" and "Breaking Frontiers" of Late K. S. Upadhyaya, edited by Dr. Leela Upadhyaya were released on 03.10.2025 in a function held at Avila Hall, St. Agnes College, Mangaluru. Dr. M.B. Puranik was Chief Guest and our other members viz. Dr. C. R. Ballal, Dr. M. Prabhakar Joshi, Smt. Chandrakala Nandavar and Sri Sudhakar Rao Pejavar were Guests of Honour.

Sri C. Sachidananda Shetty has been elected as President of Vijaya Bank Retired Officeres' Welfare Association, Udupi

Welcome to New members since Aug 2025: **Life Members:** M/s. M. Raghava Kamath, Dinesh Kumar, Radhakrishna M, S. Subramanya Bhat, Omayya Poojary, Smt. Vanitha P, Shrimathi Bhandary, Smt. Mukta Shenoy, Smt. Suguna Kamath, Puttur Gururaj, Smt. Soni Gururaj, Smt. Uma Suresh, Vasantha Shettigar, Smt. Vidya N. Baliga, B. Narayana Baliga, Oswald Donath Dcunha, Smt. Jacintha Maria Dcunha, MNK Vishwanathan, Smt. Vasanthi K.V., Smt. G. Kusuma. Walter L. Saldanha and Mahalinga A.



**Obituary - Our Prayers for the departed Souls. - Patron Members: Joseph Saldanha (30.10.2025)**

**Life Members: Padmanabha Ullal (17.12.24), Smt. Veena S. Kamath (16.08.25), Sukdeep Prabhu (27.02.25), K. Prabhakar Rao (11.10.2025), Rosy Hilda Cunha (16.10.2025)- May the Noble Souls rest in Eternal Peace**

**P.S. - We request relatives / friends of deceased members to inform demise of our members to our Secretary for noting in our records.**

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